



**Leech Lake Health and Safety Department**  
6280 Upper Cass Frontage Rd NW, Cass Lake,  
MN 56633

Reporting Workplace Injuries  
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### Return to Work Form

**PLEASE NOTE: This form must be returned within 72 hours of doctor visit.**

Employee Name: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Division: \_\_\_\_\_ Department: \_\_\_\_\_

Program: \_\_\_\_\_ Position: \_\_\_\_\_

If accident, date of injury: \_\_\_\_\_

**The following must be completed by attending physician:**

Date of visit: \_\_\_\_\_

Describe disability condition/diagnosis and course of treatment (*please be detailed*):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Can patient return to work without restrictions?  Yes  No

If yes, date patient can return to work: \_\_\_\_\_

If patient cannot return to work, what is the anticipated return date: \_\_\_\_\_

If patient cannot return to work, please list reasons:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If patient can return to work with restrictions, please answer the following questions:

Return to work date: \_\_\_\_\_

In an 8 hour work day, can patient:

	Yes	No	If yes, maximum number of hours
Stand			
Walk			
Sit			

Does the patient have lifting restrictions?  Yes  No

If yes, please indicate maximum weight lifting restrictions: \_\_\_\_\_

Please list any other restriction that may apply to lifting, i.e.: carrying, pushing or pulling of objects:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Return to Work Form Continued**

In an 8 hour work day patient may (check all that apply):

	Not at all	Occasionally	Frequently
Bend/stoop			
Squat/kneel			
Reach			
Twist			
Climb stairs			
Sweep/mop			
Vacuum			
Stretch			

(0-33%)                      (33-66%)                      (66-100%)

In an 8 hour work day patient may use repetitive motion with his/her hands (check all that apply):

	Not at all	Occasionally	Frequently
Gripping objects			
Carrying objects			
Lifting small objects			
Writing/typing			
Pushing/pulling			
Fine manipulation			

(0-33%)                      (33-66%)                      (66-100%)

List any other work restrictions and/or limitations that may apply:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

The above restrictions/limitations are in effect until: \_\_\_\_\_

Does the patient require follow up care?  Yes  No

If yes, date of next scheduled appointment: \_\_\_\_\_

Additional Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Physicians Signature \_\_\_\_\_ Date \_\_\_\_\_

Physicians Name (please print) \_\_\_\_\_ Phone Number \_\_\_\_\_

Clinic Address \_\_\_\_\_